## Chemistry 101 Reference/Help Sheet - Units

## Common Metric Prefixes

| prefix | numerical meaning | scientific notation | symbol |
| :--- | :---: | :---: | :---: |
| deci | $\frac{1}{10}$ | $10^{-1}$ | d |
| centi | $\frac{1}{100}$ | $10^{-2}$ | c |
| milli | $\frac{1}{1000}$ | $10^{-3}$ | m |
| micro | $\frac{1}{1,000,000}$ | $10^{-6}$ | $\mu$ |
| nano | $\frac{1}{1,000,000,000}$ | $10^{-9}$ | n |
| pico | $\frac{1}{1,000,000,000,000}$ | $10^{-12}$ | p |
| deka | 10 | $10^{1}$ | D |
| kilo | 1000 | $10^{3}$ | k |
| mega | $1,000,000$ | $10^{6}$ | M |
| giga | $1,000,000,000$ | $10^{9}$ | G |

## Common Equalities for Conversion Factors (metric)

## Metric

$1 \mathrm{~cm}=10 \mathrm{~mm}$
$1 \mathrm{~m}=100 \mathrm{~cm}$
$1 \mathrm{~m}=1000 \mathrm{~mm}$
$1 \mathrm{~km}=1000 \mathrm{~m}$
$1 \mathrm{~mL}=1 \mathrm{~cm}^{3}$ (also cc)
$1 \mathrm{dL}=100 \mathrm{~mL}$
$1 \mathrm{~L}=10 \mathrm{dL}$
$1 \mathrm{~L}=1000 \mathrm{~mL}$
$1 \mathrm{~g}=1000 \mathrm{mg}$
$1 \mathrm{~kg}=1000 \mathrm{~g}$
$1 \mathrm{mg}=1000 \mu \mathrm{~g}$
U.S.
$1 \mathrm{ft}=12 \mathrm{in}$
1 yard $=3 \mathrm{ft}$
$1 \mathrm{mile}=5280 \mathrm{ft}$
1 cup $=8 \mathrm{floz}$
1 pint $=2$ cups
$1 \mathrm{qt}=4$ cups $=2$ pints
1 gallon $=4 \mathrm{qts}$

## Metric-U.S.

$1 \mathrm{in}=2.54 \mathrm{~cm}$
$1 \mathrm{yd}=0.914 \mathrm{~m}$
$1 \mathrm{~km}=0.621$ miles
$1 \mathrm{~kg}=2.20 \mathrm{lb}$
$454 \mathrm{~g}=1 \mathrm{lb}$
1 ton $=907.2 \mathrm{~kg}$
1 grain $=0.000065 \mathrm{~kg}$
$946 \mathrm{~mL}=1 \mathrm{qt}$
$0.946 \mathrm{~L}=1 \mathrm{qt}$
$1 \mathrm{~L}=1.06 \mathrm{qt}$

Example: During a glucose tolerance test, the serum glucose concentration of a patient was found to be $139 \mathrm{mg} / \mathrm{dL}$. Convert the concentration to grams per liter.

- Unit Plan: $m g / d L \xrightarrow{d L \text { to }}{ }^{L} m g / L \xrightarrow{m g \text { to } g} g / L$
- We have the following equalities:
$10 d L=1 L \quad$ and $\quad 1000 \mathrm{mg}=1 \mathrm{~g}$
- We can use these to make conversion factors and convert to our final units:

$$
\frac{139 m g}{d L} \times \overbrace{\frac{10 d L}{1 L}}^{1 L \rightarrow L} \times \underbrace{\frac{1 g}{1000 m g}}_{g m \rightarrow g}=\frac{1.39 g}{L}
$$

